Year Overview Scope & Sequence P.E.																				
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		ember Sport 2		ober Sport 4	Nove Sport 5			ember Sport 8	Jan Sport 9	uary Sport 10	Sport 11	February Sport 12	Sport 13	Ma Sport 14	arch Sport 15	Ap Sport 16	oril Sport 17	Ma Sport 18	y Sport 19	June Sport 20
	Body Control & Safety Key Concepts: Mantaining safe body control while moving through general space using a variety of motor skills (walk, run, skip, gallog) and movement patterns (fact, slow, high, low, etc.)	Tossing / Throwing Key Concepts: Technique (ball in one hand, skepping with correct foot)	Bowling Key Concepts: Stopping with the right foot, power vs. accuracy, why do we use the equipment we use?	Obstacle Courses Key Concepts: Mantaning safe body entroid while moving through a variety of obstacles and movement bootfidence in their own skill levels and learning perseverance	not clumping around the ball when in game setting.	Gymnastics Key Concepts: Practice safe tailing and protecting vital body parts. Maintains momentary selfises on support. Forms wide, narrow, curied & Neited body shapes. Maintain and bending motions.	Badminton Key Concepts: Strikes a lightweight object with a padde or short-handled racket.	Winter Stations Key concepts: Students are still learning the importance of making physical activity, creative and fine with emissioning and fine with emissioning and having discussions account various holidays that they may be discussions account various holidays that they may be completing mark problems output high fines to othere o completing mark problems	Winter Olympics & Paralympics Key concepts: Balance on a variety of platforms, poer versus accuracy in target games, tak about making sports accessible for all skills and bodies	Dance & Rhythm Key concepts: Try to pust their comfort zone with self dances. Class discussion on making dance more hun on making dance more hun cance has charged throughout decades	Hockey Key concepts: Intro to talks safety and passing inceiving with a long handled implement. Crossover skill talk with societ (how cur foot is hind of like our stok when works). Showing them works). Showing them works, Showing them works in increase interest teams to increase interest importance of cort coal teams to increase interest communicating in spots anaxiehtal	single jump with self-turned rope. Jumps a long rope	Mini Golf Key concepts: Accurately strike with long handled inpinemet. Teamwork and cooperation skills when working through course and skills and stategy skills and stategy is a stategy is	Kickball Key concepts: Intro to basic concepts of Motball. Run the bases directoniorder. Make plays as a team. Kick a moving ball using the correct form in dynamic situration.	Basketball Key concepts: Drops a ball and cathos it terfore bounces two Dribbles a ball with once Dribbles a ball with once Acknowledges that some physical activities are challenging difficult. Does not smack the ball use finger pads in stationary ofhobing fashion. Bounce pass ho stationary orhobing fashion. Bounce pass	Ultimate Frisbee Kay concepts: Moving of the ball and understanding the basics of Ultimate Fribbee without using a frisbee.	Volleyball Key concepts: How to keep the ball up in the air. Why do we hit the air. Why do we hit the apon like volleyball? Basic stategy play.	Running the bases in the correct order.	with no or one bounce between. Eyes on ball and in ready position. Focus on the play.	Cup Stacking Key concepts: Atompts at stacking with both hands, not unstacking with both hands. The start of the start of the start into the what is start of the start of the the play into sports. Fine motor skill practice.
	Body Control & Safety	Tossing / Throwing	Bowling	Obstacle Courses	Soccer	Gymnastics	Badminton	and social cubers (see shifting high fines to offere or coolidination). We also coolidination of the social building up offeres while in a fitness oricult and the positive impact this can they have on those around your. Lastly, we tak about ways that sudents can stay moving during white shifting method they are not coming to PE/recess everyday. Winter Stations	Winter Olympics & Paralympics	Dance &	like hockey, soccer and basketball.	Jump Rope & Hula Hoop	Mini Golf	Kickball	Basketball	Ultimate Frisbee	Volleyball	Baseball / Softball	Tennis	Cup Stacking
	Sateby Key Concept: Sate body control moving strongstrong the watery of motor satisfy a variety of motor satisfy (wat), and allow, satisfy, kap) and movement patients	Key Concepts. Throws underhand. demonstrating of the 5 demonstrating of the 5 mature pattern. Catches a soft object from a self-tops before horizon scizes of halfs self-topsed or topsed by a skilled thrower	Key Geneges: Stepping with the right foot, power us accuracy, why do we use a experiment we Use?	Rey Concepts: Martaining sale body control while moving control while moving control and control and moving control and control and control and control and control and control and control and control and control and control and control and control	Key Concepts: Taps or dhibbles a ball samp the ability of the second second second second walking in general space	Key Concepts: Practice and billing and all protections. Mariat bases of support with bases of support with different body support. Transfere weight another in self support dance and gymnatics environments.	Key Concepts: Brillies a ball with a short-handled ball with a chandled upward.	Ney Concepts: Bluelets are still exerting the physical activity, orasite and fine with materials and and the still in the still decusion stands and the decusion students and and stand stands and the decusion students and and scalar laters file and scalar bluels file and scal		Key Chancegets Try to praid that control zone with the approximation of a variably of a provide the standard of the standard of the on making dance more that the variable of the very of the and how the dance has changed throughout decades	New Concepts: Intro 16 alcol, addy and the second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second s	Key Concepts: Jumps forward or backward correcouflyed using a selfturned rope. Jumps a long rope up to 5 times consecutively with teacher- assisted turning.	Key Concepts: Accurately athe with top handled cooperation all site when moving through occurs and alls and strategy discussion in how to you discussion on how to you again and strategy and discussion on aportamanity, alloyable and singiply.	Rey Concepts i http://base. doctaall.Ren Bases actuall.Ren Bases directoriorder.Mater moving ball using the moving ball using the dynamic situration.	Key Concepts: Uses frage paids when dolling the balls balls to ground (no smacking etiming game/side) and work) Saes the work) Saes the work Saes the work Saes the work Saes the work Saes the work Saes the more set of the same set shadow for the same set the same set of the same set of the same set the same set of the same set of the same set the same set of the same set of the same set the same set of the same set of the same set the same set of the same set of the same set of the same set the same set of the same set of the same set of the same set the same set of the same set of the same set of the same set the same set of the same set of		Key Concepts How to keep the ball up in the set Why do set the file with of the set of the velocity of the set of the set of the velocity of the set of the set of the set of the velocity of the set of the set of the set of the velocity of the set of the set of the set of the set of the velocity of the set of the set of the set of the set of the velocity of the set of the set of the set of the set of the velocity of the set of the velocity of the set of the velocity of the set	Key Concepts:	Key Concepts: Keeping a ball bouncing on racket with no or one bounce between. Eyes on ball and in ready position. Focus on the play.	Key Concepts. Anotypic at disalong with both hands, cut unstacting with thom hands, lines to waite a banck eye transfort with thom and the second line to waite a banck eye moder and a banck eye moder and a banck eye moder and a banck eye moder and a banck eye moder and a banck eye mode
2nd Grade	Body Control & Safety Key Concepts: Safe body control, moving Brough greatly and proceeding (walk, rus, gallop, skip, kap) and movement patients	Tossing / Throwing Key coopests: Throws mature pattern. Trowing and the pattern. The second mature pattern. The second elements of a mature pattern.	Bowing May concepts: Stracture power vacuracy, with the concet during the concetency of the stracture with the base stracture and opponent respect, lane safety	Obstacle Courses Rey coccepts Martaning ab boly control while moving control while moving control while moving control and provenent pattern, Juding confidence in Netro on confidence in Netro on confidence in Netro on parseverance	Soccer Key concepts: Dribbis with he test in general space with control of balance approach and kicks and optimular and and and optimular and optimular and optimular and optimular and optimular and optimular and op	Gymnastics Key coopets: Balance sapont, contining levels on attern tasks of sapont, contining level and the same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same same		Writer Stations Tey Concesso: Blucher and	When Clympics & Parahymics & Parahymics & Area of the Clympics & Are	time. Class discussion on making dance more fun for	Hockey Key Concepts: http://www. Key Concepts: http://www. Key Concepts: all by the key Concept all by the key Concept all by the http://www. Key Concept all by the http://wwww. Key Conce	consecutively forward and	Mini Goff Rey Cenegati-Accustely in the entropy of handbol and the entropy of handbol cooperation alle when be cooperation alle when be saills and stately wage and discussion on hot bol usage and discussion on hot bol usage and discussion on portmanship, elseven and integrity.	Kickball Key Concepts: this to base concepts and base concepts and the terminology of kickball concerted directionistics Make plays as a heart Make plays as a heart direction of the second second second dynamic situration.	Basketball Rey Concepts: Recognises the importance of learneed and exploring using proper semandary. Constated regioning using proper semandary. Constated regioning using proper terminology. Constated regioning using proper terminology. Constated regioning and the moving. Cash streve the bask of the constatements.	Utilimate Frisbee Key Concepts: Recognizing when to spread out and when to spread out and when to during game give Movement of the ball during game give Movement of the ball communication skills communication skills communication skills communication skills catching the ball catching the ball catchi	Volleyball Key Coccepts: Bigrining to use the correct terminology is an another than the second terminology is a second the cocce to the utilizing the whole terminology the bal over the next consistently	proper order (trst- second-third AND not	keeping in an athletic	Cup Stacking Key Concepts Understanding for high product of mays. Hand - spa concepts and market Parted - programmers Parted - programmers hands when stacking.
	Body Control and Safety	Tossing / Throwing	Bowling	Obstacle Courses	Soccer	Gymnastics	Badminton	Winter Stations	Winter Olympics & Paralympics	Dance & Rhythm	Hockey	Jump Rope & Hula Hoop	Mini Golf	Kickball	Basketball	Ultimate Frisbee	Volleyball	Baseball / Softball	Tennis	Cup Stacking
		Key Concepts. Throas underhand ba partner or larget with reasonable contained and the second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second	Key concepts: Stepping in the concrit bound power vacuum of the concret bound power vacuum of the concept of the throw the the step is the step is the opponent respect, lane safety	key concepts: He do we use our whole body through a course? What benefits of a challenge issents of a challenge isse this? How can we change and adapt a levels can participate? Wahrain body control overside withing of while well and a set of the well and the set of the movement of others.	approach and internionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each. Uses a continuous running approach and	Key concepts: Moves into and cut of gymrastics balances sterching actions. Transfers weight form there to hands for momentary weight sterching actions. Transfers weight form demonstrating muscular tension and extension and extension of fee body parts.		They Concepts: Shutching an still learning be importance of makes and the arribe management of challings. Shutching are challings. Shutching are challings. Shutching are discussions and uncompared indications are the comparison of the shutching shutchings are comparison of the shutching shutchings are compared in the shutching shutchings and the shutching shutchings are the shutching shutchings and the shutching shutchings are the shutching shutchings and the shutching shutchings and the shutchings	Rey Gonzegis: Balance a variatly of platform, poer entra accuracy to designing their can use fragment auting and showchard auting and showchard auting and showchard auting and showchard solits and bodies	Key Concess: Cristing or controlatile environment for aducet to fine like they concern through dance. Kesping mythm using a variety of hypothesis and test gamilying dance has become a magnet trend and become a magnet trend and	sending it forward, while using proper grip for the implement. Recognizes	long rope) for both long and short ropes.	Key Genergets: Accurately and a with long handbd moogenitation sails when moogenitation sails when mooring through course and sails and strongy addis and strongy addis and strongy usage and discussion on how by read discussion on how by read discussion of how by read discussion	Key Concepts: Raminger of bale Raminger of bale Terminology usage Running bases in poose Running bases in poose and and pool around you.	Key Concepts: Diblaids (crose body) using They have a set of the set of the set of the present set of the set of the set of the present set of the set of the set of the set of the set of the set of the ball and the cost is ball and the cost is ball and the cost is ball and the cost is ball and the cost is ball and the cost is ball and the cost is ball and the cost is ball and the cost	during game play. Movement off the ball	Key Concepts: Bissi atkis in burging and setting, Moving as a setting, Moving as a setting, Moving as a moving setting and different from other sports was used by communication during communication	Softial Rey Concepts: Applies most sport isouhoge trategy paips and base trategy paips and base unning. Those applies in nonlynamic environment (closed sports), there are a transit with accuracy in a manovable status or a transit with accuracy in a convention. Cathose a convention. Cathose a convention. Cathose a more mark the reasonable status or marks and the patient with reasonable accuracy in a nonlynamic. Cathose a more mark and the patient with reasonable and the sports of the reference (calls. Liss good sportmanning) status and the same status.	Using proper ettiquete and score tracking during mini game play.	Key Concepts Unconstanting the Applicat Unconstanting the Applicat Orlary P. Hold Care Construction (1) in Head Orlary D. Hold Care Principal Competitions and Careful Care Into the Into State Principal Competitions and Careful Careful Careful Careful Principal Competitions and Careful Careful Careful Careful Principal Competitions and Careful Careful Careful Careful Careful Principal Competitions and Careful Careful Ca
	Body Control and Safety	Tossing / Throwing	Bowling	Obstacle Courses	Soccer	Gymnastics	Badminton	Winter Stations	Winter Olympics & Paralympics	Dance & Rhythm	Hockey	Jump Rope & Hula Hoop	Mini Golf	Kickball	Basketball	Ultimate Frisbee	Volleyball	Baseball / Softball	Tennis	Cup Stacking
	Key concepts: Body control through a variety of motor patterns, tegrining to understand different challenge levels with different beginning game modifications, respectful gameplay environment	Key concept: form, using al least 3 of the 4 proper cust. Catching with open catching with open using body trap. Catch while moving. Throw at a moving target	Key concepts: Subpring with proper Subpring with proper courtesyspopnet respect, linto to scoting (keeping tack of print accuracy (tyles print throws), understanding basic terminology	Student creativity when	outsides and insides of the feet to a stationary partner, "giving" on reception before returning	Rey concepts: Balance association of the second se	Kep Generges: Sittles and implement able statement ables and an approximation of the statement with a statement of the statement or agained a well.	Key Concepts: Subative properties of making approximate of making approximate of making approximate of making approximate of making and approximate of making also same and a sub- conception making and having and subative galaxies and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and and	key Ganzeges: Balance a waraky of platform, barget otherse, coaship var- designing that can be a set and the set of the set of the set and the set outline is easi afferent outline as and a set of the set outline as and a set outline as and a set outline as and a set of the set outline as and a set of the set outline as and as a set of the set outline as and as a set of the set outline as and as a set of the set outline as a set of the set of the set outline as a set of the set of the set outline as a set of the set of the set outline as a set of the set of the set outline as a set of the set of the set outline as a set of the set outline as a set of the set outline as a set of the set outline as a set of the set outline as a set of the set outline as a set of the set outline as a set of the set outline as a set of the set outline as a set of the set outline as a set of the set outline as a set of the set outline as a set of the set outline as a set of the set outline as a set of the set outline as a set of the set outline as a set outline as a set of the set outline as a set of the set outline as a set of the set outline as a set o	Key Concepts: Castolog and Market to feel the they can appear the thermative appears the thermative appears the thermative body parts and table. Dody parts and table to be present and tablet to be prese	Key Concepts: In this of manufacture state of dobbing throwing, and the state of dobbing throwing, and the state of the state of designed and the state of the state of the state of makes patients of the state and the state of designed and the state of the state of the state state of	Twy Generges: Croate an imper-oper conductive an affler a short or long rope.	Key Concepts: According Key Co	Key Conceptis: Throws in manuare patient in manuare patient in manuare patient in manuare patient in the patient of ata and the second second second second to a pather or ata and the second second second second to a pather with reasonable accuracy in a accuracy in	Key Concepts: Disblow records to you using finger pack: Working on pack Working on game pile, Uckertainos importantes of and states importantes of and states and another the state and another the states of another another the states of and another the states of another another the states of another the states of another another the states of another the states of another another the states of another the states of	Conversations around how to adapt a game like Ultimate for all skill levels (changing the plaving	dynamic environment (e. g. 2 square, 4 square, handball). Volleys a ball with a 2-hand overhead pattern, sending it upward, demonstrating 4 of the 5 critical elements of a mature pattern.	reasonable distance. Throws to a moving partner with reasonable accuracy in a	Key Concepts: Internet and Sachand using the proper group optimized and sachand societaal same societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal societaal s	Fixe Genoreshi Understanding Brit drybust Understanding Brit drybust of says. Head says of says. Head says and says and says and says Present says and says and says and says and says and says development.
5th Grade	Body Control and Stafford Stafford Stafford Body Total Control of body through periodul and period and of stafford rules (why not address the stafford stafford stafford rules (why not address the stafford stafford rules (why not address the stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford stafford staff	Tossing / Throwing Key concerts: Thomasing with proper form, using at least 3 of thomasing with proper form, using at least 3 of paties active in most c- paties active in most c- moving target.	Bowing Key cancepts: Sitophysics and proper from Lines courtersylopponent mesoning taxes of pain court), power vs. accoursity (dyles of throws)	Obstacle Courses tag concepts Marrian worksy dottation war an worksy dottation war an worksy dottation war Marrian and Marrian State Marrian Marrian, State mourse agement of works mentality, State mourse agement of warming boots and Stadart creativy when dottation dottation	Soccer Rey concepts: Demonstrates making paratrop to mail sched paratrop to mail sched paratrop to mail sched receive with The foot and receive with The foot and adverse favel. Conclusion foot abbling with other adverse favel. Conclusion for abbling with other sched abbl	Cymnastics Rey consect: contraines balance and transforms balance and transforms balance and transforms weight and produce with a particle. Transform weight in produce and a particle curling, balance environmente, Controller environmente, Co	Badminton Key Canegos: Ethica and digit contractivity, with a baddet information of the baddet information of the baddet information baddet information cooperative game environment	White Stations Tay Concepts: Blushes and Learning Be physical activity on the second physical activity on the second and he was in materialized and he was in materialized and he was in materialized and he was in a materialized and he was an and the second and he was an and the second and he was an and the second and he was and the second and the secon	Where Cympics & Paralympics Arey Canceges: Biance a varady of platform, here a varady of platform, here of the second second and the second second second and the second second second different countines acad a different countines acad a different countines acad a different countines acad a different countines acad different countines acad diffe	Dance & Rhythm Key Concepts Charloy & controllation environment is student to feel be they con- motivate and the student of the student hythm using a valetay of hythm u	Hockey By Consepts - Continues individual and a continues individual and a continue and a continue of the same - Continues and		Mini Got Fay Concepts, Accumate management of the second second moderation with the second second second second second second second second second second second second second second second second second second second se	Kickball Key Concepts: Throws overhand using a mature pattern in	a teammates to move the ball around the court. Can throw the ball at and occasionally make a basket at regulation height, shooling with the proper form as best they can (using legs not arms). Consistently uses proper basketball terminology. Conversations around mere versus womens	Ultimate Frisbee Key Constant Carbing faibea using the property target wing the attemptor target wing the attemptor target wing attemptor target attem	underhand using a mahare patiem, in a dynamic environment (e. y. 2 square, 4 square, handbal), Volkeya babil with a 2-hand overhead patiem, sending it upward, demonstrating 4 of the 5 ortical elements of a mature patiem.	from Kickkall unit for strategy, plays and base running. Throws overhand using a mature pattern in nondynamic environments (closed skills). Throws overhand to a partner or at a target with programmer at a	Tennis Karp Conceptit: Constants 1939 in using forshand and backhand Alexenska at using the Alexenska at using the Alexenska at using the overhoad some method some the alexenska and some tracking	Cup Stacking Kep Canagest Understanding Brit Physics of the Stack Stack Stack Physics Stack Stack Stack Physics Constraints Stack Physics Constraints Stack Resolution Stack Stack Stack Resolution Stack Stack Stack Resolution Stack Stack Stack Resolution Stack Stack Resolution Stack Stack Resolution Stack Stack Resolution Stack Resolution Stack Stack Resolution